

Faith and Trust

**In God
In God's Spirit Within
In the Divine within Another**

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Do You Trust Yourself Enough to Trust That God Trusts You?

MY LIFE ISSUES SEEM TO BE

1. Abandonment, trust, fairness
2. Yet its no so much about others, but self - needing to trust self
3. This is really then life issue for everyone - self acceptance, allowing, love
4. Then this is available for everyone acceptance, allowing and love and trust, etc.
5. So then the real issue of not trusting God, is resolved. When trust the Self or God within, then trust the one outside.
6. In fact we actively get that he Trusts us, or thinks we're fair, or knows we would abandon God either.



If You Can Trust You, You Can Trust Anybody.

Your travail is heard and understood. Your lessons as ever are presence to God, surrender and trust. Live in love. Live in the balance that creates a peaceful rhythm in the spirit. Where one step builds upon the one behind.

Specifically, you are learning to trust yourself now. You are be encouraged to live from the presence of God in you and those you affect with you love. You are learning to surrender to the divine within you and trust Yourself.

It is difficult to build trust in yourself and continue to surrender to yourself when you do not do what builds that trust. Of course you have faith in yourself, its trust that you will live out of your commitments that lacks. This is the 'parallelism' of your relationship to the Transcendent Divine. You will trust and love

God to the degree in which you Trust and Love your self. You will surrender to your choices to the degree you trust yourself.

Trust is not a matter of not making mistakes. Trust is given because you know you are doing your best, living from the highest you know yourself to be and thus to do. When you are lax in your commitments to your aspirations. When you are out of balance in what is most important. You are not grounding the spirit, and sanctifying daily life. Balance is created by being in the presence of Reality, of living out of your aspirations.

Balance in your life is maintained by rhythm in your choices each moment. Choose the higher each moment and the hours will flow in rhythm to your soul note. The hours will be beautiful harmonies, created from a score of moments singing your soul notes. The hours will then orchestrate harmonic days delightfully balanced to your inner rhythm.

Live the moments with your soul's love song on your lips and you will smile in appreciation, see breath in gratitude, breath out love. If you listen to this inner rhythm a devotional song will be in your heart and sweet words on you lips. If you see the truth is this then you will and see with reverence all that is brought to you.

Thank you God within, for being as beautiful as the God that I have prayed to outside myself. Thank you God for answering my prayers. Thank you for living in my heart. Thank you for being me.

First I am one with the God, then God is one with Me, then God and I are one. I fail so frequently at creating the life that experiences that I am one with God, that I lose the experience that God is one with me. Liberation comes when there is no difference

and God and I are one.

The task of creating the experience that I am one with God is in the moments. The task is enormous when looked at over the years, but very livable when practiced one moment at a time. My spiritual practices have to be simplified and focused on each moment.



Trust That Goes Beyond Doubts of Me, and You

To accept others just as they are is
to accept myself just as I am.

To have faith in others that their path is perfect for them,
That their difference is their individualizing purpose.
Their gift back to God, to all humanity.

To Know that to be true to my deepest nature
is to be true in the deepest way to God.

To love others just as they are is to trust them,
and to understand the perfection of their life
To love myself with the same trusting understanding
and acceptance of the perfection in my life.

When I feel this understanding and trust I can feel a loving
acceptance for one aspect then all of my life.

When I feel this trust in me,
then I discover it in others
and appreciation quickly follows, for me as I am, my perfection,
and for others and theirs.

The more I understand and accept the world as it is,
the more I trust it, love it.

The more I understand God, trust, appreciate and love God
the more the differences between me, other and Him dissolve.

When I understand and trust I am content and appreciative.
I am love and serenity, I am bliss and this is union with what truly
is. From this place of equanimity and peace, I seek to express my
love. This becomes purer as I am accepting of what is, hence my
service is becoming 'desireless'. Since I increasingly understand
and trust I am detached to the outcome.

I do not make interventions, I simply express the love that seeks to
meet another.

I do not want to accomplish goals I want to simply express the love
and 'connectedness'. And like honey it fills all the depressions of
the toast.



Trust Goes Beyond Situation or Appearance

It emanates from the integration of natural man and
spiritual man, of mind and spirit, of emotion and heart.

Trust does not tremble in unwarranted fear of the imminent
unknown.

Trust does not become anxious with the inevitable arrival
of the unexpected.

Trust does not become agitated with doubt when the
present doesn't seem to conform to the eternal.

Trust isn't victimized in the pain of temporal events and
secular plans gone array.

Trust isn't despondent or forlorn when all there is, is c

confusion.

Trust is just that, trust.

Trust in the Divine Will working out an inscrutable play of events.

Trust is not faith,
not the faith of a belief girded mind.

Trust is not hope,
not the hope of wistfully emotional escape.

Trust is surrender.

It is conscious allowing.

It is Oneness with intuitive knowing.

It is in time jubilant appreciation for all that is brought to us and wrought from us by an omniscient, omnipresent, omnipotent spirit within and around us. An omni-loving Lord.

It is peace.



Be Vulnerability, Trust in God, Trust in Love

Yes you both were needing and denying. Both insisting on your resolution. Both giving ground but not surrendering. You neither appealed to the spirit to resolve; you neither renounced your desires and the outcome.

This is a process of vulnerability and trust. But take it to a higher plan. Vulnerability to the Soul and trust in God. Vulnerable to truth, trust in love.

TRUST IN LOVE

You can now in any moment no matter how agitated summon the next appropriate step. You can easily access your dharma in that moment. Be disciplined CHOOSE THIS TRUTH AND BE THE LOVE.

HAVE WILL-TO-GOOD and good will blossoms, new growth buds.



Leaning to Trust, When It's Most Needed

It's O.K. Doug just be with it. Let go of the remorse and judgments. These are no more you than the plans are. Your mind was thwarted in its expectations so its chastising you. This way it can still control you and force acquiescence to its agenda, compliance with its projects and tasks.

Just observe all this. You are not the upset, you are not the 'lost' tasks. You are the observer. Do not attach yourself to the elation of one moment any more than the 'disconsolation' of another. The observer is always blissfully content, reverently joyous. This does not come from positive results or deleterious ends, good or bad fortune. It is as much the nature of the soul to be detached as it is the personality to be attached. The soul is without desire and with love, the personality is desiring and self-centered.

The soul infused personality is both desires and attachments, 'disconsolation' and discord arise but the identity of the 'I am' has moved from the mind to the heart, personality to soul, self to other. The "I Am" self says I am this, not that.

This is the crucifixion first of body, emotion and mind which is liberation. When the whole personality is quickly then crucified and infused by the soul then ascension to the spirit follows. Then there is not a duality of desire-attachment and observer. There is only the observers will-to-good, love-in-action.

Are you willing to be that good at willing good.

Well good.

So be it.

Joy, joy to the world our son has risen.

Be of great cheer your goal is near.

Let the love that is pouring into you
fill your heart and cleanse your spirit.

Allow it to wash away your doubts
and install unwavering trust.



Trust God for Everything

A thought passed anxiously, a wonder of what money would support the next phase of my growth and work. Then as quickly the clouds dispersed and the sun shone on the truth.

It is not my growth nor my work. I am coming home to my Father and in growing close to Him I seek to do His work. It is not my money, He shall provide me with the fare home, a stipend for living expenses on the way, and the bounty of His resources to accomplish His work.

I cannot know the forms my Father chooses to provide for His son. I trust in His omniscience, I have faith in His omnipotence to realize His will. My only need is to experience

His omnipotence

He, the soul within His being may choose that I labor, or be 'granted' a stipend, or be 'retained' for some unknown purpose. What comes, comes by way of Him, what ever is provided, in which ever form is to suit His purposes and my needs. I only need to purge the doubts so as not to block the receiving, to rid of the desire to understand so as not to impeded the design and flow by projecting my fear or pride motivated schemes, to ad my introjected intentions.

Just trust and receive what is offered. Have faith in what motivates the form.



Knowing Goes Beyond Faith

"I don't understand why this is happening but I have faith anyway. I make a distinction of faith and knowing. Faith is based in a belief which has weighed dualities and chosen pros.

Knowing is beyond belief, beyond duality. It is one with what it knows. It is present to what is known through experience not proof.

Faith comes from an insecurity, a confusion about why or how or when, but yet faithful to what you believe is true even if its confusing now. You trust.

Knowing just accepts as it is. As is thus present to it as it is without guilt, doubt, confusion. Just accepting. Knowing may not have the answers to why either but there is no attention there just faith is mind.



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