

# **Having a Human Experience**

## **Integrating Aspects of the Sacred Journey**

### **Building our Character -**

*Transforming Fears and Transcending Needs*

What we are born into and born with reveal our life lessons.

Life's Lessons - Issues, Problems, Challenges Resolved become gifts

### **Discovering and Cultivating Qualities of the Soul**

*Know Thyself and Unto Thine Ownself Be True*

### **Integrating our Personality: Will, Wisdom-Love, Action**

*Integrating Head (Faith) and Heart (Surrender), Heart and Gut (Trust)*

Paths and Archtypes

### **Expressing Life Purpose**

*Always has to do with contributing to others*

Diagram # \_\_\_\_\_

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